

## Support Groups

Last Updated Tuesday, 15 August 2006

Here are links to many local support group organizations:

- Champaign County Birth to 5 Council
- Champaign County Down Syndrome Network
- PROUDD

Groups in McLean County:

Mondays:

Dad's Group, a group for Dads meets at The Children's Foundation from 5:30- 7:00 p.m.

Heart 2 Heart, a group for Moms 21 years old and younger meets at The Children's Foundation from 5:00-

6:30

Wednesdays:

Grandparent's Group, a group for all Grandparents meets at The Children's Foundation the 1st Wednesday every month from 5:30- 7:00 p.m.

Thursdays:

Parents Supporting Parents meets the 2nd, 3rd and 4th Thursday each month at The Children's Foundation from 6:30- 7:30 p.m., (transportation available, call Cari Gray at (309) 454-1770)

Fridays:

Hispanic Speaking Families Group, a group for Latino Moms meets at Western Avenue Community Center, 600 Western Ave., Bloomington from 5:30- 7:00 p.m. (Transportation available, call Liz at (309) 834-5280)

